The Group Obstetrics & Gynecology Specialists, P.C. 5350 Eastern Avenue, Davenport, IA 52807 Tel 536.355.1853 Fax 563.359.1512 www.obgyngroup.com



BEREAVED BREAST MILK DONATION PROGRAM

We recognize the profound grief of losing a baby, and we offer a compassionate opportunity for healing through breast milk donation. Donating your milk can be a meaningful way to honor your baby's memory and help save the lives of other fragile infants.

At the Davenport Depot, in partnership with Mothers' Milk Bank of Iowa, we support bereaved mothers who choose to donate. All donated milk is processed and distributed to NICUs across the Midwest, helping premature and ill infants receive life-saving nutrition.

If you are considering milk donation, we are here to support you every step of the way.

Why Donate?

Donated milk helps vulnerable babies thrive and provides bereaved mothers a way to create purpose and healing amidst their grief. Even small amounts of milk can make a significant difference in the lives of others.

Donation Process Overview:

- 1. Contact our Davenport Depot team for initial support and guidance.
- 2. Complete a brief health screening and consent form.
- 3. A blood test will be arranged at no cost to you.
- 4. Approved donors may drop off frozen milk at MercyOne Genesis NICU, 3rd floor.

Pre-Screening Instructions for Milk Donation

In preparation for milk donation, please review the following guidelines to ensure your milk can be accepted by the Mothers' Milk Bank of Iowa.

Before You Donate

- Complete the health history screening form provided by the milk bank.
- Undergo a simple blood test—free of charge—to rule out infectious diseases.

Freezer Storage Requirements

- Milk must be stored in a deep freezer or in the back of a refrigerator/freezer unit at 0°F or below.
- Label each container with the date and time the milk was expressed.
- Milk older than 8 months may not be accepted; please confirm with the depot.

Davenport Depot Contact

Heidi Baudhuin, RD, LD Milk Donor Coordinator Mother's Milk Bank of Iowa University of Iowa Health Care (319) 384-9930

heidi-baudhuin@uiowa.edu or baudhuin@healthcare.uiowa.edu

Website: www.uichildrens.org/mothers-milk-bank